

## PSHE and Relationships Yearly Overview

The units are categorised into three main strands:

RELATIONSHIPS    HEALTH (Health and Wellbeing)    LIVING IN THE WIDER WORLD

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Feelings and Special People RELATIONSHIPS HEALTH	Staying Safe RELATIONSHIPS HEALTH LIVING IN THE WIDER WORLD	Healthy Me HEALTH	All Around Us HEALTH LIVING IN THE WIDER WORLD	Money Matters LIVING IN THE WIDER WORLD	
Year 2	Different Types of Families RELATIONSHIPS	Healthy Bodies RELATIONSHIPS HEALTH	Feeling Included RELATIONSHIPS HEALTH	Healthy Minds HEALTH	Caring for the Environment and Social Responsibility RELATIONSHIPS HEALTH LIVING IN THE WIDER WORLD	
Year 3	Safety Online RELATIONSHIPS HEALTH	Celebrating Achievements and Being Resilient RELATIONSHIPS HEALTH	Being Part of a Community HEALTH LIVING IN THE WIDER WORLD	Exercise HEALTH	Stereotypes RELATIONSHIPS	What I Like RELATIONSHIPS HEALTH
Year 4	Nutrition and Dental Health HEALTH	Human Rights LIVING IN THE WIDER WORLD	Emergency Situations HEALTH LIVING IN THE WIDER WORLD	Respect RELATIONSHIPS LIVING IN THE WIDER WORLD	Money Matters LIVING IN THE WIDER WORLD	Falling Out and Making Up RELATIONSHIPS LIVING IN THE WIDER WORLD

Year 5	Body Image RELATIONSHIPS HEALTH	Bereavement and Loss RELATIONSHIPS HEALTH	Fake News HEALTH LIVING IN THE WIDER WORLD	Life in Plastic LIVING IN THE WIDER WORLD	Puberty RELATIONSHIPS HEALTH	Changes in Friendships RELATIONSHIPS
Year 6	Drugs and Alcohol Education HEALTH	Sex Education RELATIONSHIPS HEALTH	Mental and Emotional Health HEALTH	Global Sustainable Development Goals LIVING IN THE WIDER WORLD	E-Safety and Social Media RELATIONSHIPS	Anti-social Behaviour and the Role of Police and the Law LIVING IN THE WIDER WORLD

