



CITY IN THE COMMUNITY

Short Term Plan

- DRA Completed
- Teacher Present

This template aims to support teachers to plan PE lessons which focus on targeted areas of work highlighted and prioritised in the medium term plan.

School: St Wilfrids

Teacher name: Teacher Name:

Class: Class

What progress have my pupils made against the medium term plan?	What activity will my pupils do when they arrive?
<p><i>CONSIDERATIONS FOR COACH; Did I achieve the outcomes of the MTP? - What went well?</i></p> <p>To develop dribbling and ball mastery skills in unopposed and opposed situations</p>	<p><i>PEP TALK: Re-cap - what did we learn last week? How did we do this? Today we will be working on (share the BBL's below) PL Values – how can we demonstrate our value in today's lesson?</i></p> <p>Write here...</p>

Building blocks of learning - What skills will I help my pupils develop

Thinking skills	Social & emotional skills	Physical skills
<p>Why is it important to keep control of the ball? How can changing speed and direction help me?</p>	<p>Helping others to improve Perseverance and resilience Learning from mistakes</p>	<p>Variety of movements skills Dribbling skills - controlled touches Balance & coordination Changes of speed Changes of direction</p>

What did I learn about...

CONSIDERATIONS FOR COACH; What could I change for next time to improve the sessions further? - How will I do this?

the pupils?	teaching PE?
Write here...	Write here...

Activity Design

Arrival activity

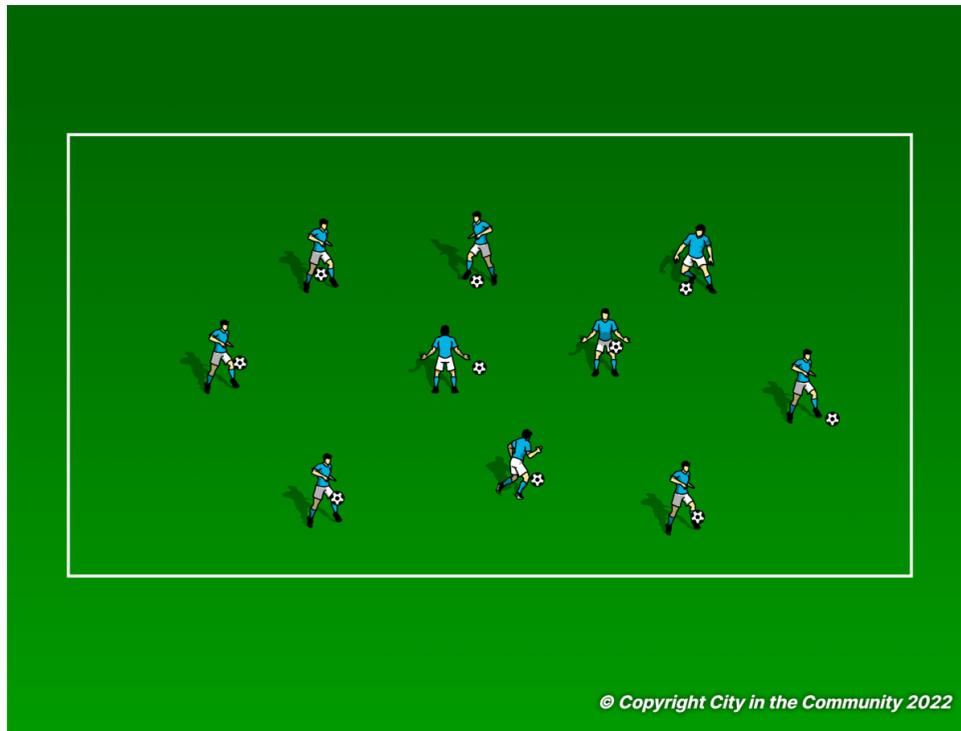
ACTIVATION

Organisation

- Pupils with a ball each (or a ball between two if there isn't enough balls)
- Allow for free play to allow them to practice their dribbling skills, encourage to do this on the move
- Allow them to practice with hands and feet
- Pupils to try and avoid colliding with each other

Progression

- Individual challenges based on the pupils ability
- If in partners can practice follow the leader whilst dribbling



Main activity

TECHNICAL PRACTICE

Organisation

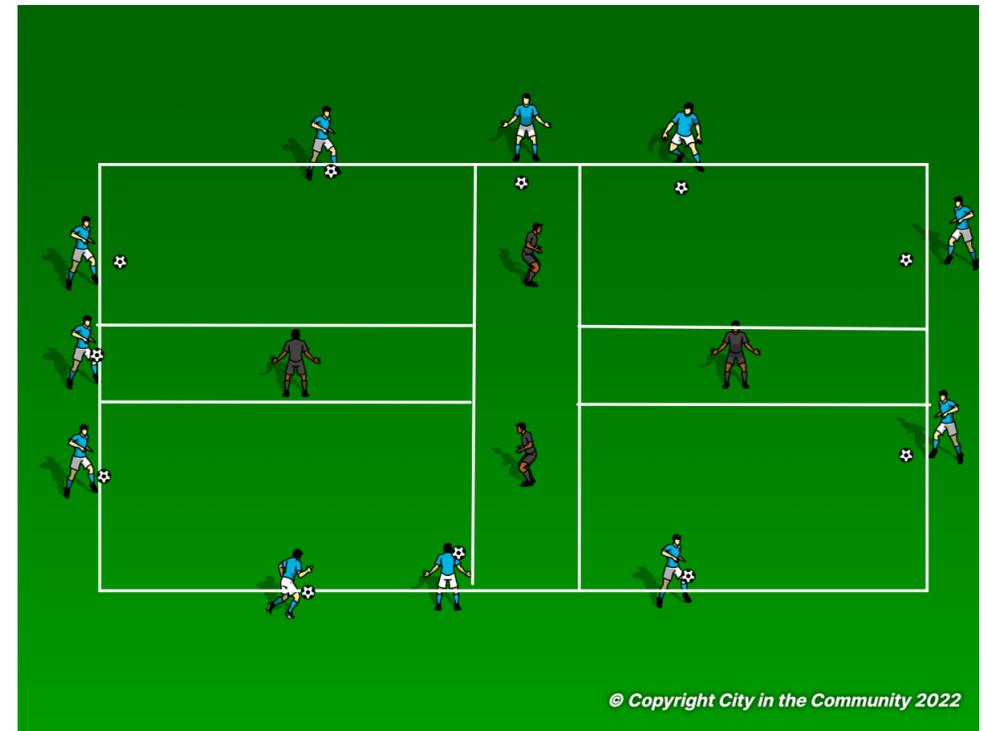
- Pupils with the balls on the outside of the area to begin with
- The area will have one or two zones which has the taggers in, taggers are only in this zone
- Encourage pupils to try and get through the zones towards the other side of the area without the defender tagging their ball
- If tagged, they must go back to the side they started from and try again

Regression

- Only play with one zone
- Have a minimal amount of defenders in those zones

Progression

- Make practice directional instead of multi-directional
- Include more defenders inside the zones



Activity Design continued:

Write here...

Write here...

GAME PRACTICE

Organisation

- Similar set up to the previous practice
- There will be moving defenders within the area now, that can go anywhere
- If a moving defender tags the ball, they will switch over with the pupil
- Encourage pupils to be aware of the moving defenders whilst still trying to get from one side to the other

Regression

- Identify pupils who don't wish to be tagged by the moving defenders by allowing them to wear a tag, making it harder for the moving defenders

Progression

- Include more moving defenders
- Include a point system as an incentive to challenge themselves e.g. 3pts if they can get from one side to the other

Notes...

